

An underwater photograph showing a dense population of small, colorful fish swimming in clear blue water. The bottom of the frame is covered in a layer of dark, rocky sediment. Numerous small, translucent, and colored plastic particles (microplastics) are visible throughout the water column and on the seabed, illustrating the presence of plastic pollution in aquatic environments.

Nora Domrös, Leila Mégevand, Valeria Peßler
Global Change Ecology & Fluvial Ecosystems

MICROPLASTICS ARE NOT FANTASTIC

Microplastics in lakes and rivers: an issue of
emerging significance to limnology

D'Avignon, G., Gregory-Eaves, I., Ricciardi, A. (2024)

AGENDA

Introduction

Hydrology

Biogeochemistry

Ecology

Conclusion

MICROPLASTICS



All field surveys found MP



Nearly 80 % of all plastics ever created in environment



Ratios up to 30:1 for MP and plankton



Marine studies dominate



METHODOLOGY

- Meta study: systematic literature review of 3731 articles
- Goal: standardized limnological protocols to compare spatio-temporal variation in the concentration of microplastics within and across watersheds
- MP = synthetic particles ≤ 5 mm in size

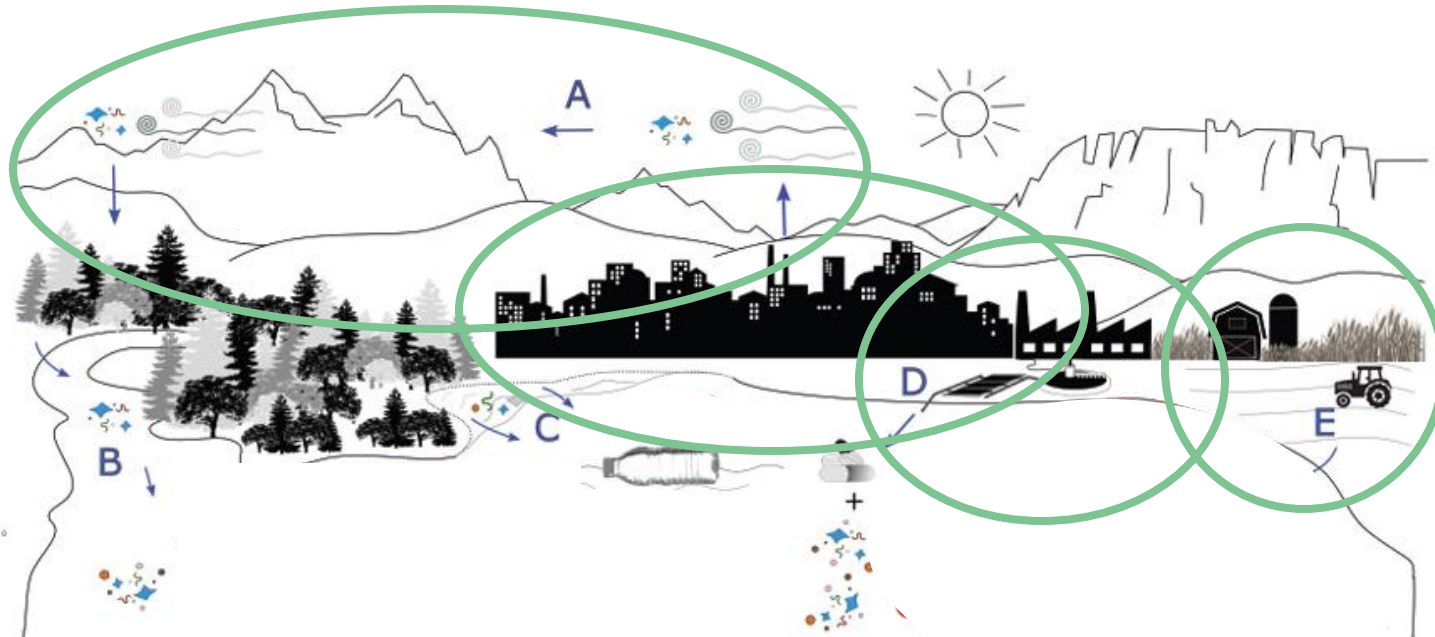
MPS &

HYDROLOGY

1. How do microplastics enter freshwater environments?

2. How are microplastics transported through freshwater systems?

HOW ARE MPS ENTER FRESHWATERS?



Waste Water

- WWTP can remove 40-99% of MP
- 80% of wastewater world-wide is untreated

Urban Runoff

- 42% of MPs in European rivers are tire and road wear particles

Agricultural Runoff

Atmospheric Deposition

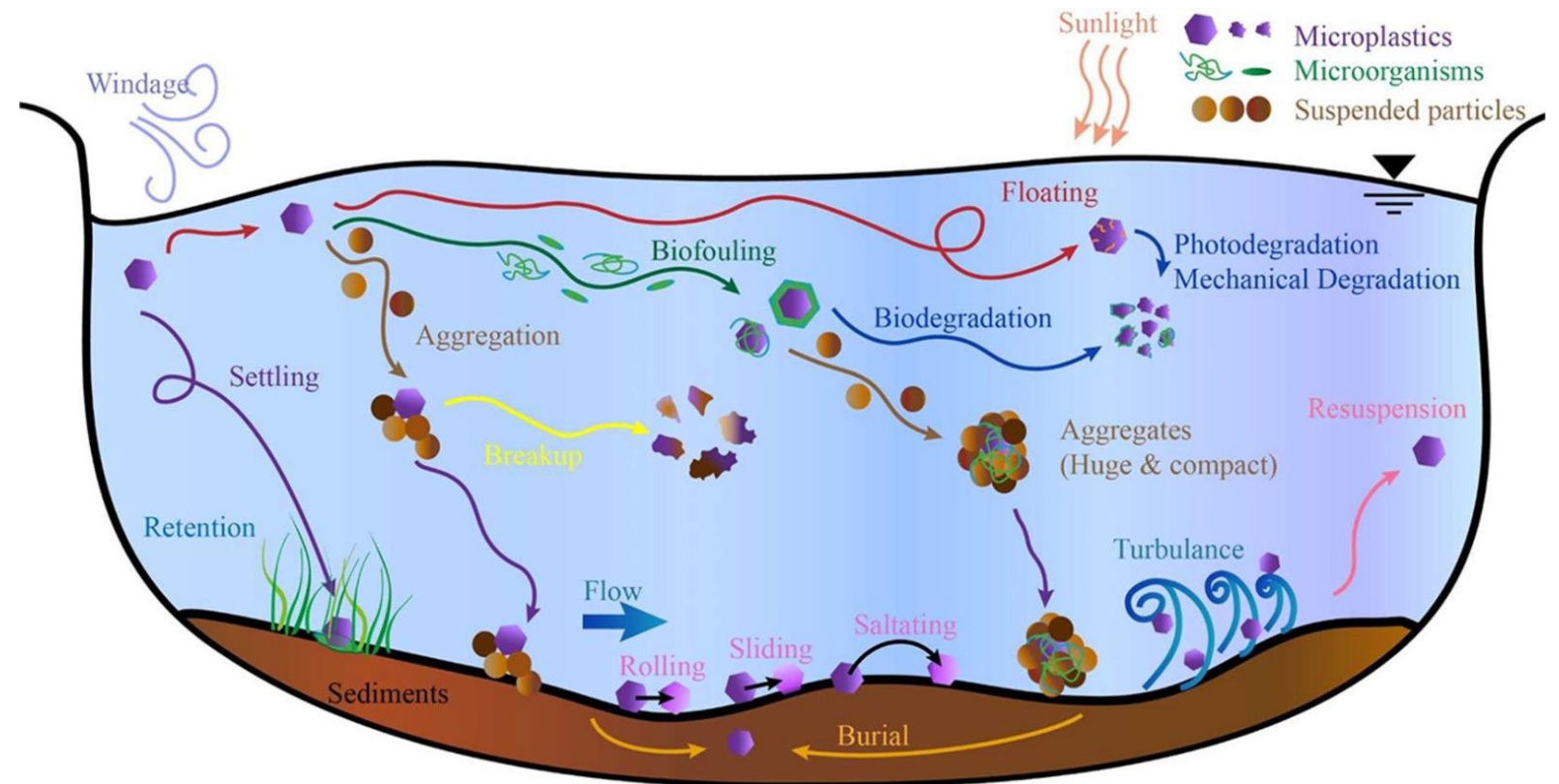
- Brings Microplastics to the most remote & pristine catchment areas

Recreational Activities

MP TRANSPORT

Hydrological Drivers:

1. Flow velocity
2. Turbulence
3. Sediment Interactions

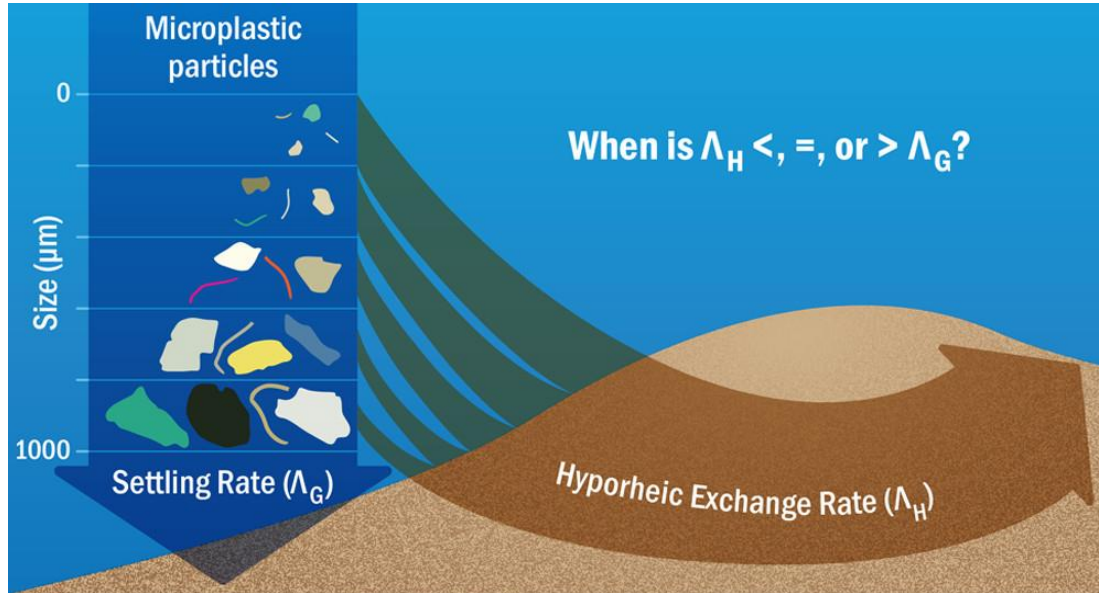


MP TRANSPORT

CONTAMINANTS IN AQUATIC AND TERRESTRIAL ENVIRONMENTS | August 20, 2020

Significance of Hyporheic Exchange for Predicting Microplastic Fate in Rivers

Jennifer D. Drummond*, Holly A. Nel, Aaron I. Packman, and Stefan Krause



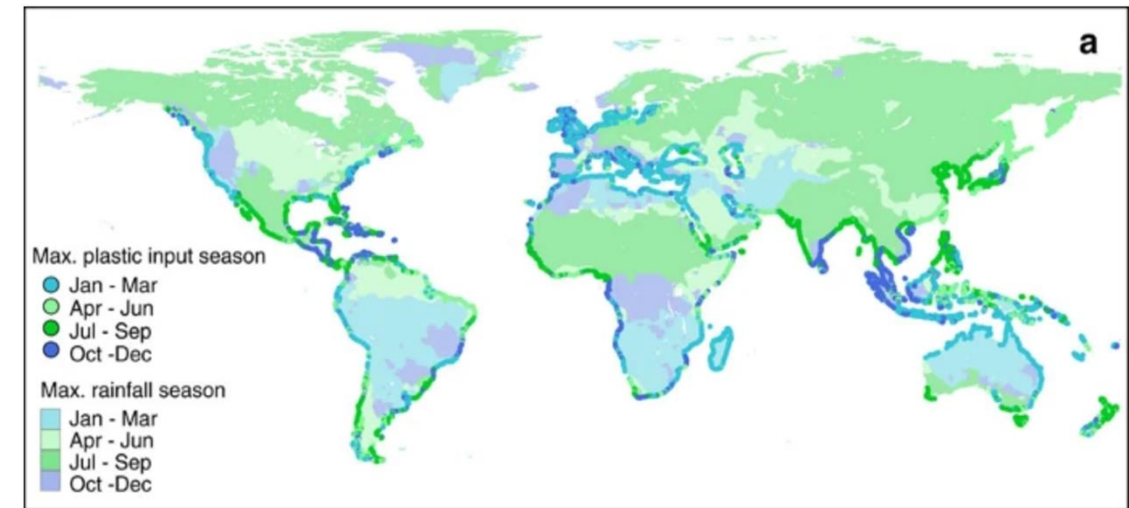
- 23% of all MP combinations have a hyporheic exchange rate that is higher than settling rates
- Model without exchange underestimate the **deposition, retention, and long-term** accumulation of microplastics

Article | [Open access](#) | Published: 07 June 2017

River plastic emissions to the world's oceans

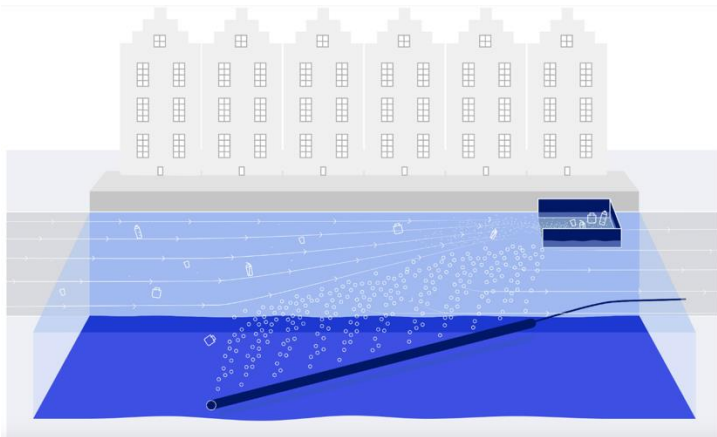
[Laurent C. M. Lebreton](#) , [Joost van der Zwet](#), [Jan-Willem Damsteeg](#), [Boyan Slat](#), [Anthony Andradý](#) & [Julia Reisser](#)

Figure 3: Seasonality of regional inputs of river plastic to oceans.



- Flood, and large hydrological events drive the resuspension of deposited MPs, allowing them to be transported over long distances.

AMSTERDAM: THE GREAT BUBBLE BARRIER



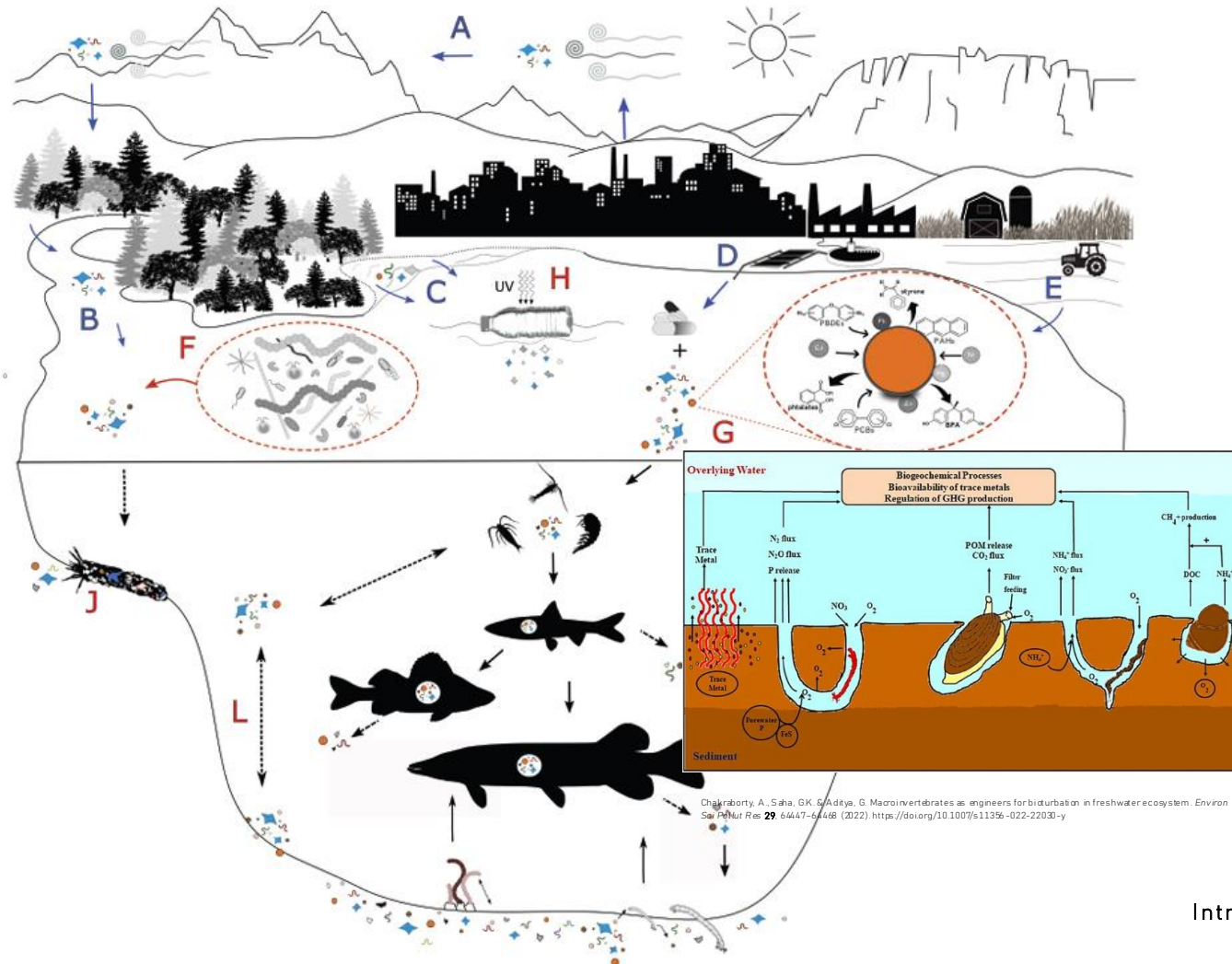
IMPACTS OF

MICROPLASTICS ON

BIOGEOCHEMICAL

CYCLING

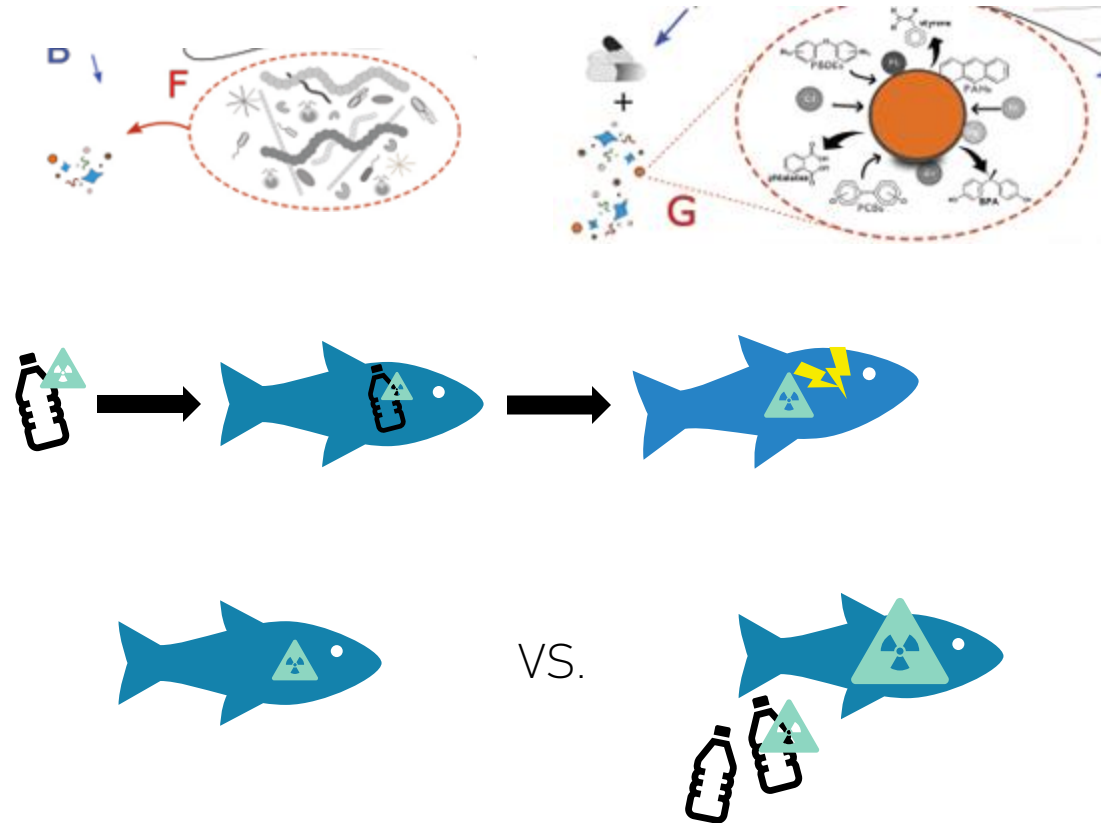
IMPLICATIONS ON SEDIMENTATION PROCESSES



- Less density: slower sedimentation
 - Species responsible for sedimentation: in presence of MP: carry less particles downwards
 - Species responsible for bioturbation: impacted in size by MP → less bioturbation
- Changes in nutrient, carbon and oxygen availability in different parts of the water

IMPLICATIONS ON CONTAMINANT CYCLING

- Bigger Area/Volume ratio → Sorption of contaminants & microbial colonization
- Toxicity: particles, biofilm, heavy metals that were adsorbed to it, chemicals/additives leaching out of polymer
- Sorption/desorption processes depend on pH, salinity, DOM content in water
- Desorption of contaminants in stomach → MP as transport mean for contaminants to the food web
- Contamination transfer to fish x 2.6 times in presence of plastics than without



ECOLOGICAL IMPACTS OF MICROPLASTICS

ECOLOGICAL IMPACTS

INGESTION

Feeding

Drinking

Respiration

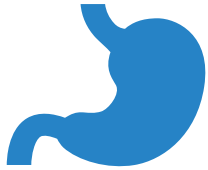
Swimming

Random
adherence

Other
processes

ECOLOGICAL IMPACTS

ECOTOXICOLOGY



Physical and Physiological Effects

- Movement
- Feeding and digestion
- Respiration
- Growth and development
- Predatory performance
- Protection/defence
- Cell/organ damage
- Reproduction



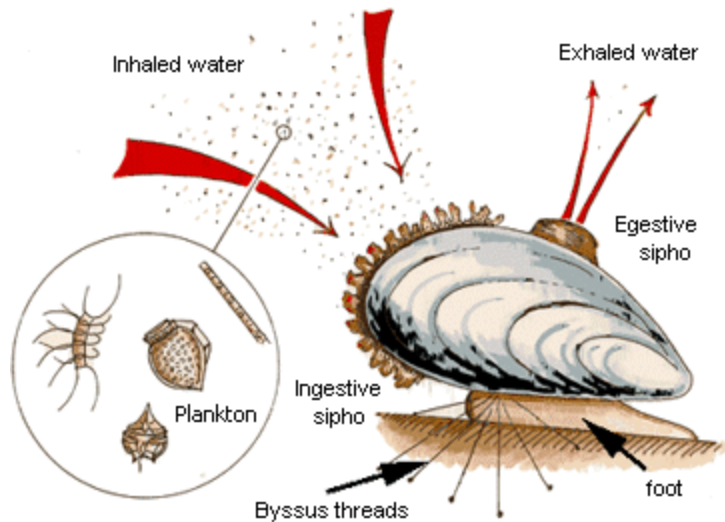
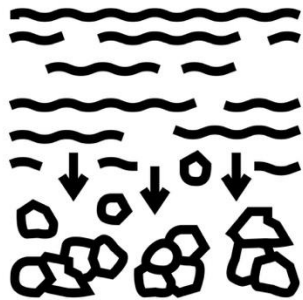
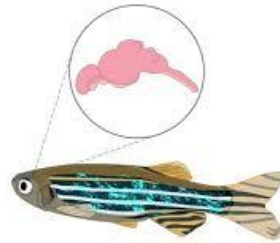
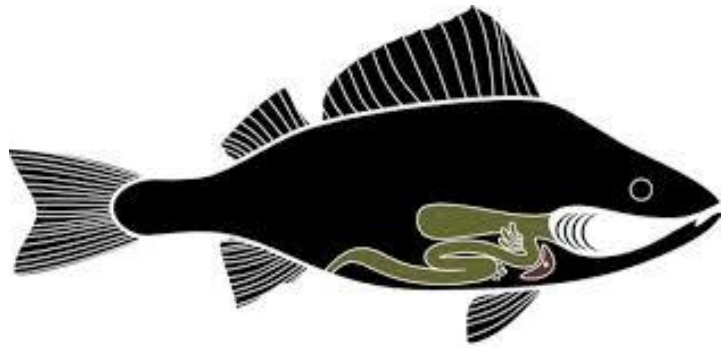
Toxicity

- Mortality
- Oxidative Stress
- Inflammation
- Metabolic activities
- Gene damage
- Neurotoxicity



Ecological Effects

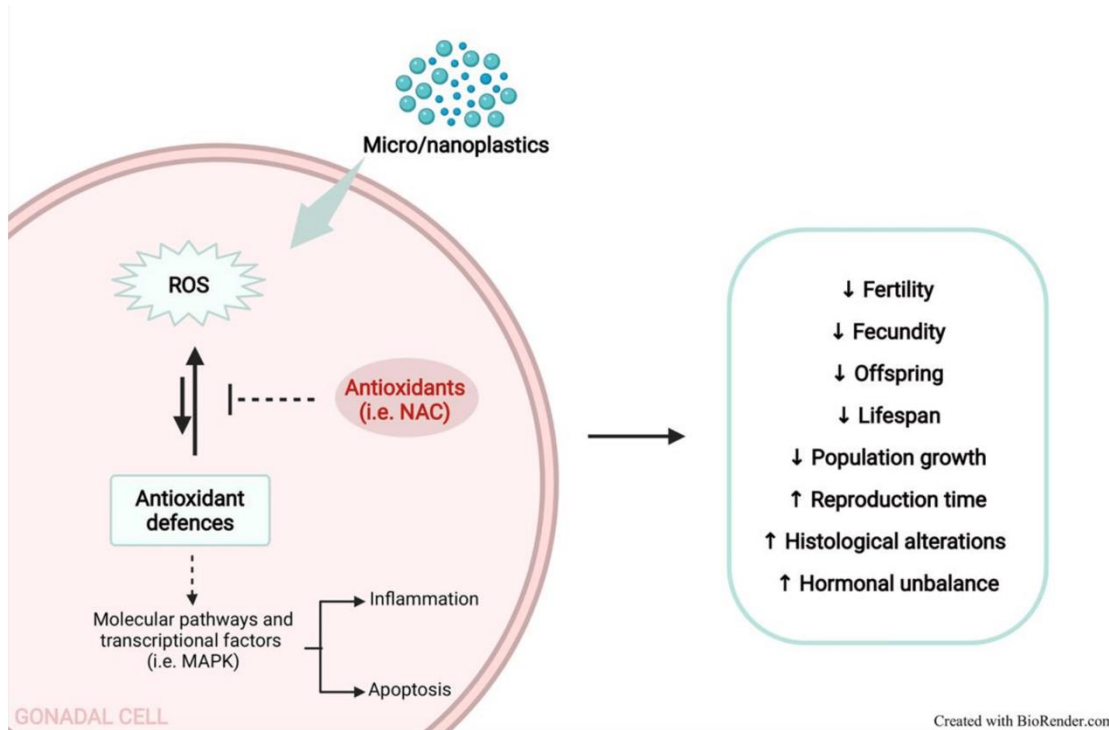
- Productivity
- Nutrient cycling
- Toxic blooms
- Trophic transfer
- Ontogenic transfer
- Bioaccumulation



PHYSICAL AND PHYSIOLOGICAL EFFECTS

- Physical Obstruction
- Behavioral Changes
- Habitat Alteration
- Accumulation on biomass

TOXICITY



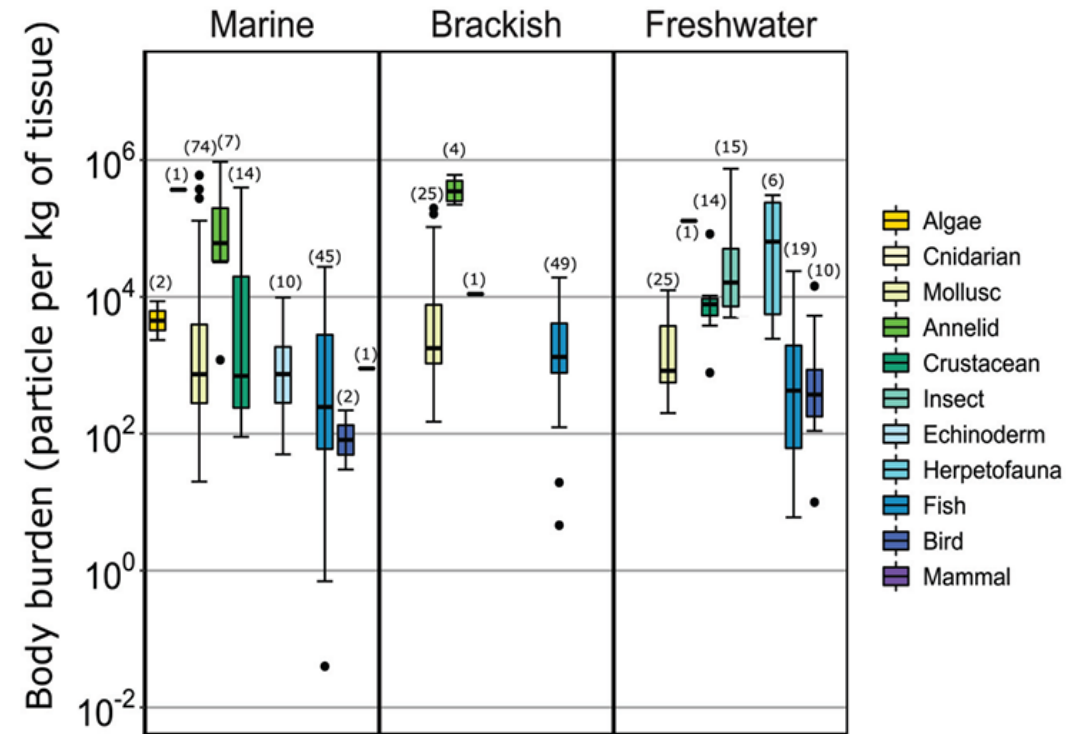
- Leaching of **additives** and **sorbed contaminants** (e.g., pollutants, pharmaceuticals, ...)
- **Shape** affects toxicity
 - Fibers: Greater toxicity, longer duration in intestinal tract
 - Smaller particles: Greater hazard
- **Oxidative stress**: main toxicity mechanism
- Excessive ROS: inflammation, **lipid peroxidation**, cell membrane/DNA/protein damage, cell death
- **Combined** pollutants' effects: antagonistic, additive, synergistic



IMPACTS ON ECOSYSTEM FUNCTIONS

Contamination and Presence

- Freshwater and estuarine species have contamination levels similar to marine species
- Freshwater fish have more plastics in their guts and higher microplastic loads than marine fish
- Tiny plastic particles can be found in the **livers** and **filets of freshwater fish**; very small particles can **enter the bloodstream** and stay there for 20-48 days





IMPACTS ON ECOSYSTEM FUNCTIONS

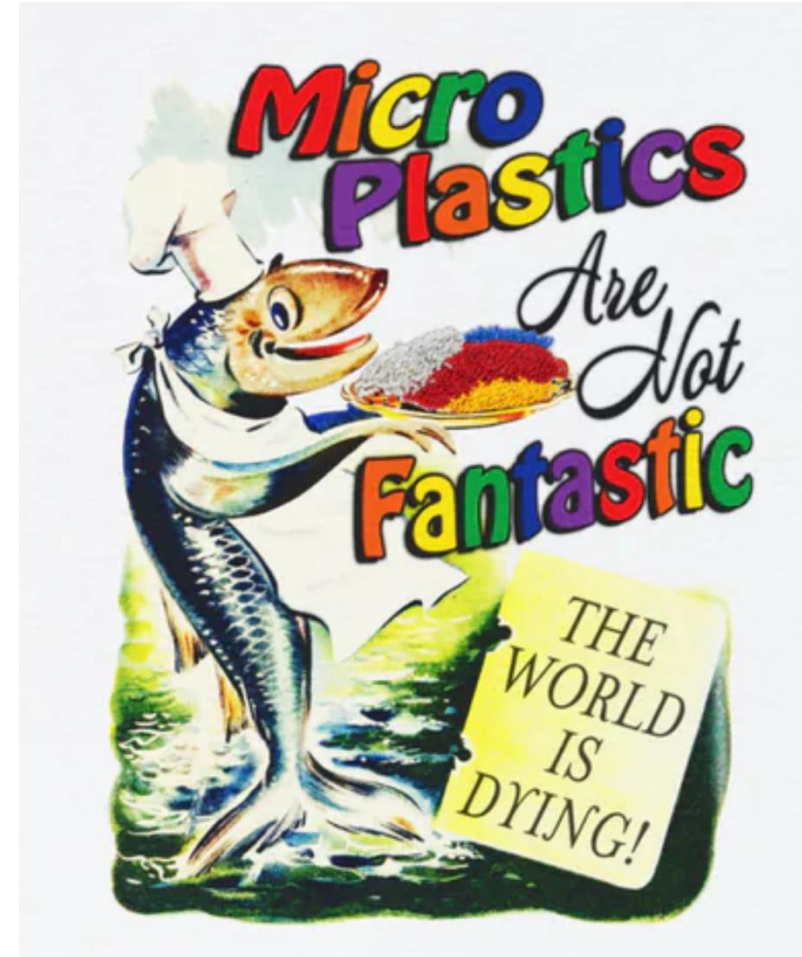
Interactions, Retention and Transfers

- Microplastics affect organisms and ecosystems **biologically and chemically**
- Plastics can be **re-ingested or transferred between organisms**
- Organisms act as **temporary reservoirs**, transferring plastics through food webs
 - **Plastic retention varies** by particle size, shape, metabolism, and digestive complexity
- Plastics can transfer from mosquito larvae to adults: **insect emergence can be delayed**, reducing adult numbers
- Response varies by feeding dose, mechanisms and habitat
 - Riverbed invertebrates being highly vulnerable
 - Algae and causing **toxic algal blooms**

CONCLUSIONS

Main Takeaways

- MPs are ubiquitous at every level of freshwaters environments
- Transport driven by hydrodynamics and sediment interactions
- MPs act as vectors for contaminants, disrupting nutrient and carbon cycles
- Ecological impacts: ingestion, biofilm formation, physiological stress, disrupting food webs and ecosystems



CONCLUSIONS

Future Implications

- Integrate microplastic **monitoring into standard limnological protocols** to track distribution and impacts
- Develop models to **account for transport, retention, and resuspension** of MPs in fluvial systems
- **Address microplastic pollution at the source** with improved wastewater treatment, and reduced reliance on single-use plastics.





THANK YOU